

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Craig	Hardwick	Open	Hardwick 100	0:18:07.65	0:40:00.45	1:43:31.55	2:41:39.65
Neal	Hardwick	M40	Hardwick 100	0:21:28.45	0:42:16.55	1:39:59.55	2:43:44.55
Martin	Hurry	Open	Hardwick 100	0:24:53.15	0:50:05.20	2:01:26.70	3:16:25.05
							8:41:49.25

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Amanda	Williams	F40	AKED ARMY	0:24:01.95	0:50:53.00	2:11:15.15	3:26:10.10
Cheryl	Duke	Open	AKED ARMY	0:24:02.35	0:48:45.70	1:57:15.15	3:10:03.20
Kirsty	Aked	Open	AKED ARMY	0:24:32.55	0:57:37.75	2:32:58.55	3:55:08.85
							10:31:22.15

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Zoe	McAndrew	F40	The Reluctants	0:25:30.50	0:52:58.75	2:05:11.60	3:23:40.85
Andrew	Bishop	M60	The Reluctants	0:27:56.10	1:00:38.10	2:49:30.00	4:18:04.20
Michael	McAndrew	M45	The Reluctants	0:30:01.60	0:59:53.50	2:10:42.00	3:40:37.10
							11:22:22.15

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Stuart	Woolford	M40	ASPT	0:25:11.20	0:52:58.00	2:44:30.80	4:02:40.00
Ben	Sallows	M40	ASPT	0:25:13.55	0:52:38.95	2:03:31.75	3:21:24.25
Darren	Pearson	M40	ASPT	0:25:12.95	0:52:38.65	2:44:26.70	4:02:18.30
							11:26:22.55

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Andrew	Saych	M45	The Two T's & Andy	0:21:22.80	0:47:59.55	2:16:35.30	3:25:57.65
Tracy	Hutcheon	F45	The Two T's & Andy	0:30:17.55	1:01:41.25	2:40:38.30	4:12:37.10
Tracey	Cox	F50	The Two T's & Andy	0:30:17.30	1:01:41.35	2:40:28.55	4:12:27.20
							11:51:01.95

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Christopher	Marr	Open	151 Reg RLC	0:24:33.30	0:53:54.65	2:43:07.90	4:01:35.85
Andrew	Bare	M40	151 Reg RLC	0:24:33.30	0:58:06.40	2:20:36.30	3:43:16.00

Simon	Way	M40	151 Reg RLC	0:26:41.00	0:58:26.00	2:49:04.35	4:14:11.35
							11:59:03.20

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Michelle	Hollands	F45	Team KGB	0:30:30.50	1:05:05.20	2:34:32.00	4:10:07.70
Denise	Power	F40	Team KGB	0:30:53.45	1:05:06.05	2:34:31.40	4:10:30.90
Sam	Hedges	F40	Team KGB	0:30:53.50	1:06:11.40	2:34:32.30	4:11:37.20
							12:32:15.80

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Mary	Cormack	Open	2 men and a little lady.	0:24:01.90	0:48:43.95	1:44:02.30	2:56:48.15
Paul	Hollis	M45	2 men and a little lady.	0:24:01.25	0:48:43.00		1:12:44.25
Peter	Salter	M50	2 men and a little lady.	0:24:01.65	0:48:44.50	1:44:01.45	2:56:47.60

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Tom	Foster	Open	Legs Miserables	0:19:03.05	0:40:07.75	1:56:47.25	2:55:58.05
Andrew	Barber	Open	Legs Miserables	0:20:07.75	0:43:44.55	1:39:40.45	2:43:32.75
James	Willingham	M40	Legs Miserables	0:20:51.20	0:44:42.80		

FirstName	LastName	Cat	Team Name	5K	10K	Half	Total
Tony	Newman	M50	The good, the bad and the ugly!	0:24:02.05	0:49:13.85	2:06:33.35	3:19:49.25
Mark	Hobbs	M45	The good, the bad and the ugly!	0:25:25.90	0:54:28.75	2:10:41.00	3:30:35.65
Kevin	Abel	M40	The good, the bad and the ugly!	0:27:30.55	1:04:58.85		